

Liberty Alliance for Youth and Liberty Public Schools invite you to a FREE showing of “Angst: Raising Awareness Around Anxiety”, on April 16th at 6:00 PM at Liberty North High School. The event will feature a viewing of the 56 minute film, followed by a panel discussion with Sonya Richardson-Thomas and Elise Bennett. Anxiety disorders are the most common mental health challenge in the U.S., impacting 54 percent of females and 46 percent of males, with age seven being the median age of onset, according to the World Health Organization. While anxiety disorders are highly treatable, only one-third of those suffering receive treatment. Join us to help start the conversation.

<https://angstmovie.com/about/>